

Get moving with The Healthy Eating Song

1 - 2 - 3...



(Clap, clap)

Sing with me...



(Stamp, stamp)

Let's all eat...



(Pat tum)

Health-i-ly...



(Wave arms)

We will grow...



(Stretch up high)

Big and strong...



(Strongman arms)

Let's all sing our...



(Welcome arms)

Healthy Eating Song



(Clap, clap)