



early years nutrition  
partnership



## Hello!

Welcome to the **July** edition of the Early Years Nutrition Partnership newsletter!

We have so many exciting things to share with you this month; from celebrating the work of our registered nutritional professionals, to welcoming two new settings to the EYN Partnership, a blog from EYN Partnership Chair, Neil Leitch and some more great YouTube videos - this month is jam packed with fresh content.

All of this, and a great facts and figures infographic about early years nutrition – what more could you ask for?!

In fact, if you would like to ask any questions about the EYN Partnership, you can get in touch with us at [hello@eynpartnership.org](mailto:hello@eynpartnership.org)

A big thank-you to everyone for their support! Now, enjoy the summer sun and remember to stay hydrated!

[The Early Years Nutrition Partnership Team](#)





## We are coming to Childcare Expo Midlands

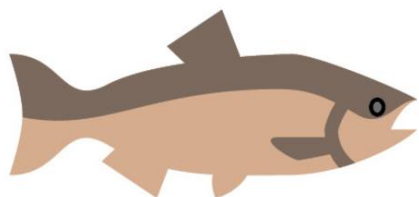
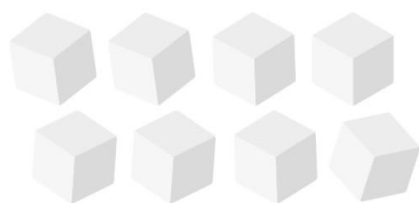
We are absolutely delighted to announce that we will be coming to Childcare Expo Midlands in Coventry on 29th and 30th September. We were so inspired by meeting practitioners at the Childcare Expo Manchester that we decided that we had to attend the next event. This time we'll have even more EYN Partnership activities for you to get involved in, so look out for updates on our website!

Did you know that tickets are free if you work in a nursery or pre-school? All you have to do is follow [this link](#) to claim your ticket now. And what's more, the lovely people at Childcare Expo have given the EYN Partnership an exclusive code that you can use to claim 20% off when booking entry to the seminar programme, just enter CCM2017. Easy as (a healthy) pie! Check out the seminar programme [here](#) – lots of informative sessions and it opens with Melanie Pilcher from one of our partners, the Pre-school Learning Alliance.

See you there!

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## Early years nutrition: facts and figures



Too much or not enough? What are the consequences of poor early years nutrition?

These are the questions we are answering in our Early Years Nutrition: [Facts and Figures](#).

*“Giving a child a healthy start in life is vital,” says our Chief Executive, Neil Leitch, “as nutrition in the early years has consequences across the life course”.*

Did you know that young children have too much sugar in their diet; on average the equivalent of 8 cubes of added sugars a day, compared to the maximum recommended 3 to 4 cubes.

There are more facts and tips to help you boost your nutrition know how on our website, so take a look at our [resources](#) and [blogs](#).

# Welcoming two new settings to the Early Years Nutrition Partnership!



We are delighted to welcome not one, but two nurseries to the EYN Partnership in July.

Here's Danni from Banana Moon Day Nursery (top), and Jenna from Charlton Nursery (bottom), both based in Bristol, with their Committed certificate.

'Committed' nurseries have taken the first steps in joining us in nurturing a greater understanding of food, nutrition and healthy eating for the children that they care for.

We are so pleased to have you both on board!

*If you work in an early years setting, and would like to know more about what the EYN Partnership can offer, you can find more information on our website [here](#).*



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## EYN Partnership team celebrate their first year's success

The EYN Partnership team met up for a two day event in July. We looked back at everything we have been able to achieve in our first year, and discussed plans for an even more successful year ahead. The team spent time identifying all the things that worked well, and brainstorming new ways that we can offer settings great early years nutrition support.



On the first night the team were presented with awards to acknowledge and reward their contributions to the EYN Partnership - a great chance to celebrate their passion for nutrition and dedication to improving the health and wellbeing of young children.

*Want to find out more about the EYN Partnership team? Click [here](#) for more information.*

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## New blogs in July!

### Empowering early years settings to harness the opportunity of nutrition

By Neil Leitch, Chief Executive, Pre-school Learning Alliance and EYN Partnership Chair

In his new [blog](#), Neil describes the unique approach of the EYN Partnership and how we can empower early years settings to harness the opportunity of nutrition.

Neil champions early intervention, believing all children, regardless of background, deserve the best possible start in life:

“Investing in EYN Partnership registration is an investment in your staff, an investment in your business and most importantly, an investment in the wellbeing of children, for now and for the future.”



Empowering early years settings to harness the opportunity of nutrition

BY EYN PARTNERSHIP ON 17TH JUL. 2017

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## New videos this month



This month, our registered nutritionists Gillian Kelsall, Annie Denny and Catherine Lippe [share](#) what they enjoy the most about being part of the EYN Partnership.

They highlight how their work allows them to use their passion for nutrition to help early years settings. Being able to support practitioners to develop and implement new ideas and witnessing their impact on the children, are just some of the things that make their role so fulfilling.

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## Facebook

Want to be kept up to date on the latest early years nutritional information and resources from the EYN Partnership?

[Follow us](#) on Facebook to be the first to hear about them!



Follow us on...

# Welcoming our new Administration Manager



We are pleased to announce the arrival of the latest member of the EYN Partnership family, Lucy Way! As EYN Partnership's new Administration Manager, amongst her many other responsibilities, Lucy is the face behind our email address [hello@eynpartnership.org](mailto:hello@eynpartnership.org). Lucy brings a mix of nutrition knowledge and project co-ordination experience - a great addition to our team!

Lucy is a Registered Associate Nutritionist with a keen interest in early years and child nutrition.

*"I am delighted to have joined the EYN Partnership team and I'm looking forward to being a part of this unique and innovative project as it comes into the next stage of development. I was drawn to the EYN Partnership because having studied nutrition, with particular interest in public health and early years, coupled with my experience in project co-ordination I felt that this was a great opportunity to combine my skills."*

Lucy has previously worked for Lambeth Early Action Partnership (LEAP) as a Project Assistant, supporting public health and evaluation. She has also worked for the Council for Disabled Children as an Administrator for the Information Advice and Support Services Network (IASSN), leading on training provision.

Talking about her new role with the EYN Partnership, Lucy said,

*"I am excited to be working with experts in nutrition and early years who are driven and passionate about the important issue of improving nutrition practice for early years settings and health outcomes for young children."*

Welcome to the team Lucy!



The Early Years Nutrition Partnership (EYN Partnership) is an independent Community Interest Company that has been created in partnership with the Pre-school Learning Alliance, the British Nutrition Foundation and Danone Nutricia Early Life Nutrition. A key role of the EYN Board and Expert Panel is to ensure that the partnership delivers its social aims, is transparent and acts with integrity.

The EYN Partnership will initially be funded by Danone Ecosystem and Danone Nutricia Early Life Nutrition. Danone Ecosystem is an internationally recognised fund, which supports social enterprises and initiatives worldwide. The EYN Partnership is the first UK beneficiary of this fund.

The EYN Partnership nutrition professionals are either Registered Nutritionists or Dietitians with at least a bachelor's degree in a nutritional or dietetic science and experience in early years nutrition. They are bound by the Association for Nutrition and the British Dietetic Association respectively to continue professional development and follow standards of ethics, conduct and performance. This means you can be assured that their advice will always be up to date with the latest recommended guidance and practice. Occasionally, we will have a nutrition professional join the EYN Partnership with the same experience and qualification, but who is currently undergoing the registration process.

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