



early years nutrition  
partnership



## Hello!

We're back with the June edition of the Early Years Nutrition Partnership newsletter to let you know what we've been up to!

June was a month of firsts – from our first attendance at Childcare Expo, to our delight in announcing that Orchards Day Nursery in St Neots has been awarded the EYN Partnership Quality Mark.

We hope you spotted our tweets letting you know what our partners have been up to. Michael Freeston, Director of Quality Improvement at the Pre-school Learning Alliance, was speaking at a seminar at Childcare Expo in Manchester. And the British Nutrition Foundation released an informative online talk explaining the foundations of early years nutrition.

Read on for more details on all of this and more, plus links so that you can catch up on any items of interest that you missed.

Additionally, a small miracle occurred... National Picnic Week coincided with some glorious sunshine! Did you get to try out our picnic ideas for little ones? If not bookmark the [page](#) for the next opportunity....it is still summertime after all.

The Early Years Nutrition Partnership Team



# Celebrating the first setting to be awarded the EYN Partnership Quality Mark



There's lots of excitement here at the Early Years Nutrition Partnership! We're delighted to announce that Orchards Day Nursery, St Neots, has been awarded the EYN Partnership Quality Mark. Huge congratulations go out to their team whose hard work and dedication to improving the nutrition offering for children in their setting has paid off! This news is even more exciting as it is the first setting to be awarded our Quality Mark. Orchards Day Nursery and Lucy Shipton, their dedicated EYN Partnership registered nutrition professional, will be sharing their experience of their journey to success – so keep an eye out for more details to come. Let's make this the first of many successes!

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## Our Childcare Expo debut!

Another first for the EYN Partnership was attending Childcare Expo in Manchester on the 16th and 17th of June. Our registered nutrition professionals Gill and Nicola, and the EYN Partnership Nutrition Development Manager, Annie, went along and were very happy to meet those of you who could visit our stand.

The event was a great opportunity to get the latest thinking on early years nutrition.



Meanwhile on the EYN Partnership stand our team of valued practitioners talked about nutrition challenges and the kind of support needed, which is always of real value to us. It gave us the chance to chat about the support we can offer and how the combined expertise of our partners allows us to deliver services that really meet the needs of settings and are mindful of the challenges they face. That's why our nutritionists are hands-on in settings, offering tailored advice and upskilling practitioners. It means that changes are manageable, staff are involved and engaged and through the Level 3 training the increased in-house knowledge supports long term change in the setting.

You can find out more about the Level 3 training [here](#).

## Nutrition know-how with the BNF

As part of their 50th anniversary celebrations, one of our partners, the British Nutrition Foundation (BNF), has been presenting a series of talks online so they offer an easy way for you to boost your nutrition know how at a time that suits you. Their focus for the month of June was the early years.

EYN Partnership registered settings can access training for a Cache Level 3 qualification unit 'Promote nutrition and hydration in early years and childcare settings'. The BNF developed the learning materials that support this training, so they make the most of the wealth of nutrition expertise at the BNF. For those of you currently training for this qualification, and for anyone who wants to find out more – watch 'Nutrition in the early years matters' from the BNF series of talks [here](#). It offers a great overview of what good nutrition for little ones looks like, and why it's so important to get it right.



**BNF CELEBRATING  
50 YEARS 1967-2017**

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## YouTube !



Where do we start? We have lots of great new videos on our YouTube channel this month. Watch [Gill](#), registered nutrition professional and [Lisa and Sarah](#) from Tender Years Day Nursery. They share more insights on how working with the EYN Partnership showed Ofsted how committed the team is at Tender Years are to improving nutrition – which paid off with them being rated 'Outstanding'. Watch the videos to find out how small changes can make a big difference, and the impact of increasing the staff's nutrition knowledge with our [Level 3 training](#).

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## Sharing is caring

We've hit the 800 followers mark on Twitter. Hooray! We hope you're finding the posts helpful in connecting you with our latest blogs and videos. Help us spread the word on early years nutrition - please share posts with other practitioners. Thanks for your support and watch out for more ways to engage with us over the coming months.



# New blogs in June!

## Upskilling the early years workforce

By Velda Bartholomew, Training Operations Manager, Pre-school Learning Alliance

The EYN Partnership is just that, a partnership! So, it's great to have Velda Bartholomew from the Pre-school Learning Alliance, blog about the Level 3 training offered by the EYN Partnership. The Alliance has long been committed to developing the early years sector's professional status. And the learning

materials for the course have been written by the British Nutrition Foundation, another partner. It's a truly collaborative affair that makes the most of all our partners expertise!

In her blog, Velda talks about all the ways a setting can benefit. Having our EYN Partnership nutrition professionals support practitioners to complete the nutrition training empowers individuals and helps to increase the in-house nutrition know-how. Find out more [here](#).



### Upskilling the early years workforce

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## Our nutrition professionals guest blogging



With lots of activity around Childcare Expo, we pointed you in the direction of all the EYN Partnership Expo action. Our registered nutrition professionals Gill and Nicola, and the EYN Partnership Nutrition Development Manager, Annie, all contributed blogs in the run up to the event. You can find them via our [blog](#). And they were on the ground in Manchester. We hope you got to meet them!



The Early Years Nutrition Partnership (EYN Partnership) is an independent Community Interest Company that has been created in partnership with the Pre-school Learning Alliance, the British Nutrition Foundation and Danone Nutricia Early Life Nutrition. A key role of the EYN Board and Expert Panel is to ensure that the partnership delivers its social aims, is transparent and acts with integrity.

The EYN Partnership will initially be funded by Danone Ecosystem and Danone Nutricia Early Life Nutrition. Danone Ecosystem is an internationally recognised fund, which supports social enterprises and initiatives worldwide. The EYN Partnership is the first UK beneficiary of this fund.

The EYN Partnership nutrition professionals are either Registered Nutritionists or Dietitians with at least a bachelor's degree in a nutritional or dietetic science and experience in early years nutrition. They are bound by the Association for Nutrition and the British Dietetic Association respectively to continue professional development and follow standards of ethics, conduct and performance. This means you can be assured that their advice will always be up to date with the latest recommended guidance and practice. Occasionally, we will have a nutrition professional join the EYN Partnership with the same experience and qualification, but who is currently undergoing the registration process.

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